

GT's Kombucha
Select Variety
Non-GMO Project Verified
+CRV
2 FOR \$6
16 oz.

FRAZIER FARMS

A BETTER WAY TO SHOP
FOR A BETTER WAY TO LIVE

Iced Chai Lattes
\$1 OFF
Each

Organic Red or Green Seedless Grapes
2 LBS \$5
USDA ORGANIC

Sweet Red and Black Plums
\$1 Lb.

Jumbo Cantaloupe
2 FOR \$5
Jumbo Size!

Organic Green, Dino or Red Kale
2 FOR \$4
USDA ORGANIC

USDA ORGANIC New Crop HoneyCrisp Apples
\$3 Lb.

Organic Fresh Celery
2 FOR \$4
USDA ORGANIC

Organic Red Bunch Beets
2 FOR \$4
USDA ORGANIC

Organic Red, Green, Rainbow Chard
2 FOR \$4
USDA ORGANIC

California Grown Hass Avocados
2 FOR \$3
CALIFORNIA CA GROWN

Low Acid Roma Tomatoes
\$1 Lb.

Large Grapefruit
\$1 Ea.

New Crop Sweet Bartlett Pears
2 LBS \$3

FRAZIER FARMS STORE WIDE SUPER SAVINGS!

Frazier Farms Buttermilk Beef Tallow Biscuits
Celebrate National Biscuits and Gravy Week 9/14-9/20!
2 FOR \$7
HOUSE-MADE

Goodpop Fruit Pops
Select Variety
35% OFF
Suggested Retail Price 9-14 oz.

Bobo's Oat Bars
Select Variety
3 OR 5
3 oz.
Bobo's Bites 5 ct. \$2.79 ea.

La Pasta Pasta
Select Variety
\$5.99 Ea.
Customer Favorite

Truveni Protein
Select Variety
30% OFF
Suggested Retail Price

FRESH, ALL NATURAL MEAT

Fresh, All Natural Bone-In Chicken Breast
\$2.99 Lb.
FAMILY PACK

Maple, Bacon Or Maple, Blueberry Bacon Pork Breakfast Sausages
\$4.99 Lb.
Great Grilled Up with Some Eggs!

Boneless London Broil or Top Round Steaks
\$7.99 Lb.
U.S.D.A. CHOICE BEEF

Fra'Mani Assorted Sausages
\$6.99 Ea.
12 oz.

Smart Chicken Organic Chicken Breast Fillets • \$9.49 lb.

Bulk Pork Breakfast Sausage • \$4.99 lb.

Grass Fed Ground Sirloin • \$8.99 lb.

Schaller Weber Bratwurst and Numburger Bratwurst, 10 oz. • \$6.99 ea.

Largest Fresh Seafood Counters in North & East County!

Boss Fresh Crab Meat
\$1 OFF
Ea. 8 oz

Fresh, Wild White Seabass Fillets
\$10.99 Lb.
WILD CAUGHT CERTIFIED

Fresh, Wild Albacore Steaks
\$9.99 Lb.
WILD CAUGHT CERTIFIED

Extra Large White Mexican Shrimp
\$9.99 Lb.
16/20 ct
WILD CAUGHT CERTIFIED

QUALITY DELI

Kretschmar Pastrami & Roast Beef
\$13.49 Lb.
Tillamook Medium and Sharp Cheddar • \$7.99 lb.

Thai Coleslaw
\$5.99 Lb.
Healthy & Delicious!

Chicken Quinoa and Greens Meal
\$7.99 14 oz.
HEAT & EAT!

Italian Stuffed Chicken Breast
\$7.99 Lb.
Customer Favorite!

GROCERY

Siete
Tortilla Chips
Select Variety

\$3.99
5 oz.

NON-GMO Project VERIFIED

Hiker Coffee
Organic Coffee
Select Variety

\$12.99
12 oz.

USDA ORGANIC

Frazier Farms
Everyday Olive Oil
Select Variety

\$13.99
16.9 oz.

Once Again
Peanut and Sunflower Seed Butter
Select Variety

\$4.99
16 oz.

USDA ORGANIC

DAIRY & FROZEN

So Delicious
Coconut Yogurt
Select Variety

3 FOR \$5
5.3 oz.

Hollandia
Milk
Assorted Varieties

\$4.99
1 Gallon

Local

Earthbound Farm
Vegetables
Select Variety

2 FOR \$4
8-10 oz.

USDA ORGANIC

Deep Indian Kitchen
Frozen Entrées
Select Variety

\$5.99
9 oz.

BAKERY & BULK

Authentic
Pretzel Buns

2 FOR \$7
6 pack

Frazier Farms
German Chocolate Picnic Cakes

\$8
Ea.

HOUSE-MADE

Long Grain Rice
White or Brown

99¢
Lb.

Pitted Prunes

\$4.69
Lb.

Frazier Farms
Ginger Molasses Cookies

\$6
18 Pack

FRESH BAKED

Frazier Farms
Parmesan Crisps

20% OFF
per lb.

HOUSE-MADE

Virginia Peanuts

\$2.49
Lb.

Chocolate Covered Raisins
Dark, Milk or Yogurt

\$7.49
Lb.

CHEESE

Guilloteau
Fromager D'Affinois
Assorted Flavors

\$2 OFF
Per Lb.

Cabot
Cheddar Bars

\$4.99
8 oz.

BelGioioso
Fontina or Mozzarella Snack

\$3.49
6 oz.

BEER & WINE

CHATEAU DE CAMPUGET
Rose
France

\$12.99
750 ml.

+TAX +CRV

FALLBROOK
Wines
Assorted

\$1 OFF
750 ml.

+TAX +CRV

Nova
Hard Kombucha
Assorted Varieties

\$1 OFF
Ea. 16 oz.

+TAX +CRV

BURGEON BREWING
Beer
Select Variety

\$1 OFF
Ea. 4 Pack

+TAX +CRV

SUPPLEMENTS & HEALTHY LIVING

Primal Kitchen
Collagen
Select Variety

30% OFF
Suggested Retail Price

Line Drive Savings
Irwin Naturals
All Products

30% OFF
Suggested Retail Price

Onnit
Alpha Brain
Select Variety

30% OFF
Suggested Retail Price

Natural Factors
WellBetX Berberine
Select Variety

30% OFF
Suggested Retail Price

Line Drive Savings
CV Sciences
All Products

25% OFF
Suggested Retail Price

MegaFood
Blood Builder
Select Variety

25% OFF
Suggested Retail Price

Naturtint
Hair Color
Select Variety

\$14.99
S.R.P. 19.99

Phillip Adams
Shampoo & Conditioner

\$15.49
12 oz.

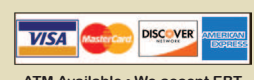
S.R.P. 19.99

September 16th, 2025 Thru September 22nd, 2025

Tue 16	Wed 17	Thu 18	Fri 19	Sat 20	Sun 21	Mon 22
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Vista 225 Vista Village Dr. (760) 758-7175
Oceanside 1820 Oceanside Blvd. (760) 429-2092
La Mesa 8401 Fletcher Pkwy. (619) 309-4024

Store Hours: 8am - 9pm Daily
We reserve the right to change prices & modify items.



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MILITARY DISCOUNT

OFFERED EVERY WEDNESDAY
TO ALL VETERANS, ACTIVE DUTY, MILITARY, & FAMILY MEMBERS WITH ID.
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