

Bob's Red Mill  
**Flour**  
All Purpose or  
Whole Wheat  
Select Variety

**\$2.99**  
Ea.  
5 lb.

Best Price  
In Town!

Bob's Red Mill Organic Flour, 5 lb. • 2 for \$9

# FRAZIER FARMS

A BETTER WAY TO SHOP  
FOR A BETTER WAY TO LIVE

Frazier Farms  
**Hot Mochas,  
Chai or Matcha  
Lattes**

**\$1 OFF**  
12-16 oz.

**Jumbo  
Pineapple**

Jumbo  
Size!

**2 FOR \$5**

California Grown  
Large Hass  
**Avocados**

CALIFORNIA  
CA GROWN

**5 FOR \$5**

Sweet  
**Blue Jay  
Seedless  
Mandarins**

**2 LBS \$5**

**Happy Holidays**

Christmas Eve  
Dec. 24th • 8 am - 7 pm  
Christmas Day  
Dec. 25th • CLOSED

**Organic  
Romaine Lettuce**

USDA  
ORGANIC

**2 FOR \$3**

**Butcher's Cut  
Prime Rib  
Roast**

U.S.D.A.  
CHOICE  
BEEF

**\$15.99 Lb.**

Place your  
order online!

Silver Springs Fresh Ground, Prepared, or Cream Style Horseradish, 8 oz. • \$2.49 ea.

**Organic  
Green, Red,  
Dino Kale**

USDA  
ORGANIC

**2 FOR \$3**

**Organic  
Baby Bok Choy**

USDA  
ORGANIC

**2 LBS \$3**

**Organic  
Red, Green or  
Rainbow Chard**

USDA  
ORGANIC

**2 FOR \$3**

**Fancy  
Italian Squash**

**\$1 Lb.**

**Hot House  
Cucumbers**

**\$1 Ea**

**Cara Cara  
Oranges**

**\$1 Lb.**

**Granny Smith  
Apples**

**\$1 Lb.**

**FRAZIER FARMS STORE WIDE SUPER SAVINGS!**

Oasis  
**Dinner  
Rolls**  
Assorted Varieties

**\$3**  
8 pk.

Line Drive Savings

Kerrygold  
**Butter**

**30% OFF**  
3.5-8 oz.

Waterloo  
**Sparkling  
Water**

NON GMO  
Project  
VERIFIED  
nongmoproject.org

**2 FOR \$9**  
12 pack

+TAX +CRV

Frazier Farms  
**Assorted  
Hashes**

**\$2 OFF**  
Per Lb.

Huel  
**Daily Greens  
Functional  
Beverage**

**2 FOR \$4**  
12 oz.

S.R.P. 3.49

**ALWAYS FRESH, ALL NATURAL, HIGHEST QUALITY AT A GREAT PRICE!**

All Natural  
**Golden Harvest  
Whole  
Turkeys**

**\$2.49 Lb.**

(No Turkey Pre-Orders!  
Limited Quantities and Sizes.  
While Supplies Last!)

Double Smoked  
**Spiral  
Sliced Ham**

**\$2.99 Lb.**

Sliced &  
Ready to  
Serve!

Mary's  
**Whole  
Turkeys**

**\$4.99 Lb.**

NON GMO  
Project  
VERIFIED  
nongmoproject.org

Limited Sizes  
While Supplies  
last!





# QUALITY DELI



Dietz & Watson  
**Black Forest or  
Honey  
Ham**  
**\$7.49**  
Lb.



Alpine Lace &  
Ammerlander  
**Swiss**  
**\$8.99**  
Lb.

Regular Price \$11.99 lb.



Frazier Farms  
**Holiday Ham  
or Turkey  
Meals**  
**\$8.99**  
Ea.  
14 oz.

**CHEF PREPARED  
HOLIDAY MEALS**  
AND DELICIOUS SIDE DISHES READY TO RE-HEAT.  
All of our meals and dishes are prepared fresh  
on site with all natural ingredients.  
Looking for a relaxing and stress free holiday  
with the preparation and cooking?  
Let Frazier Farms do the work this year.  
We will be offering a selection of all natural  
pre-cooked meals and side dishes  
for your convenience.

CHOOSE FROM:  
All Natural Free-Range Roasted Turkey, Un-Cured Spiral Ham or Prime Rib Meal  
that will feed your family of 8-10.  
ONLY FEEDING A FEW?  
Then choose from our large selection of fresh side dishes:  
Mashed Potatoes, Maple Sage Roasted Root Veggies, Green Bean Casserole,  
and much more. Inquire within the deli for further details and pricing!



**Family Size  
Quiches**  
Assorted Flavors  
**\$12.99**  
12"



**Herb Fried  
Chicken  
Tenders**  
**\$9.99**  
Lb.



**Gateau  
Fromage**  
**\$12.99**  
Lb.



## GROCERY SPECIALS



HU & Enjoy Life  
**Chocolate  
Chips**  
Select Variety  
**\$4.99**  
Ea.  
7-9 oz.



Kettle Foods  
**Potato  
Chips**  
Select Variety  
**2 FOR \$5**  
5 oz.



Dandies  
Vegan  
**Marshmallows**  
Select Variety  
**2 FOR \$7**  
10 oz.



Poppi  
**Prebiotic  
Soda**  
Select Variety  
+TAX +CRV  
**3 FOR \$5**  
12 oz.

Poppi Prebiotic Soda, 4 pack • \$6.99 +TAX +CRV



Brianna's  
**Salad  
Dressing**  
Select Variety  
**2 FOR \$5**  
12 oz.

Brianna's Avocado Oil or Organic Dressing 10 oz. • 2 for \$6



Bonne Maman  
**Preserves**  
Select Variety  
**\$4.99**  
12.3-13 oz.



Simple Mills  
**Crackers  
and Cookies**  
Select Variety  
**2 FOR \$6**  
4-5.25 oz.



Lesser Evil  
**Snacks**  
Select Variety  
**2 FOR \$5**  
4.3-6.4 oz.



Chosen Foods  
**Avocado Oils,  
Shortening,  
Mayo**  
Select Variety  
**30% OFF**  
Suggested Retail Price



North Coast  
**Apple Cider**  
Select Variety  
**2 FOR \$7**  
32 oz.



Endangered Species  
**Chocolate  
Bars**  
Select Variety  
**\$2.99**  
3 oz.



Simply Organic  
**Spices,  
Seasoning &  
Extracts**  
Select Variety  
**30% OFF**  
Suggested Retail Price

## FROZEN & DAIRY



Clover  
**Eggnog**  
Select Variety  
**\$5.99**  
Ea.  
32 oz.



Chobani  
**Greek  
Yogurt**  
Select Variety  
**2 FOR \$3**  
5.3 oz.

Chobani  
**20G Protein  
Yogurt**  
Select Variety  
**2 FOR \$4**  
6.7 oz.



Alden's  
**Organic  
Ice  
Cream**  
Select Variety  
**\$6.99**  
Ea.  
48 oz.



Elmhurst  
**Plant Based  
Milk**  
Select Variety  
**\$3.99**  
Ea.  
16 oz.

Elmhurst  
**Plant Based  
Creamer**  
Select Variety  
**\$4.99**  
Ea.  
32 oz.



Cadia  
**Frozen  
Veggies**  
Select Variety  
**\$3.99**  
Ea.  
16 oz.



Laoban  
**All  
Products**  
Select Variety  
**30% OFF**  
Ea. 6-10 oz.



Red's  
**Burrito**  
Select Variety  
**3 FOR \$5**  
4-5 oz.



Rao's  
**Pizza**  
Select Variety  
**\$7.99**  
Ea.  
18.3-20.7 oz.



# SUPPLEMENTS & HEALTHY LIVING

## Bath, Body Care & Gift Extravaganza

TAKE AN EXTRA **25% OFF**  
ALL REGULAR, SALE, AND CLEARANCE  
BATH & BODY CARE + SELECT GIFT MERCHANDISE  
**December 9-24**  
EXCLUDES CASE DISCOUNTS & \$100/\$250 DISCOUNT. NO RAIN CHECKS. WHILE SUPPLIES LAST.



**Frazier Farms**  
**Melatonin**  
5 mg  
\$5.29 Ea. 60 ct  
S.R.P. 9.49

**Frazier Farms**  
**Fish Oil**  
1000 mg  
\$8.99 Ea. 60 ct  
S.R.P. 17.99

**Frazier Farms**  
**Vitamin D**  
5000iu +  
**Vitamin K2**  
120 mcg  
\$6.99 Ea. 60 ct  
S.R.P. 13.49

**Frazier Farms**  
**Alpha Lipoic Acid**  
600 mg  
\$9.99 Ea. 60 ct  
S.R.P. 18.49

**Vital Planet**  
**Probiotics**  
25% OFF  
Suggested Retail Price

**Enzymedica**  
**Probiotic Enzymes**  
25% OFF  
Suggested Retail Price

**New Chapter**  
**Magnesium Formulas**  
40% OFF  
Suggested Retail Price

**Lielo**  
**Kava Social Tonic**  
2 FOR \$7  
12 oz.  
S.R.P. 5.99

## BUY BULK & SAVE

**JR Mammoth Pecans**  
\$9.99 Lb.

**Spanish Peanuts**  
Raw, Roasted, Salted, No Salt  
\$2.79 Lb.

**Shredded Coconut**  
Sweet or Unsweet  
\$4.99 Lb.

**Chocolate Covered Raisins**  
Dark or Milk  
\$6.99 Lb.

**Sugar**  
White or Brown  
\$1.69 Lb.

**Unbleached, Pastry or Whole Wheat Flour**  
89¢ Lb.

## BAKERY & CHEESE

**Frazier Farms**  
**Apple Pies**  
FRESH BAKED  
2 FOR \$10  
27 oz.

**Frazier Farms**  
**Cinnamon Rolls**  
Hand Rolled HOUSE-MADE  
Assorted Varieties  
\$6 Ea. 4 Pack

**Marin French Brie en Croute Baked**  
\$2 OFF  
9.4 oz.

**Carr Valley Bread Cheese**  
Creative ways to enjoy it: Skillet, Grill, Microwave, Oven  
\$2 OFF Per Lb.

**Frazier Farms**  
**Classic Almond Torte**  
Holiday Favorite!  
20% OFF each

**Essential Baking Co.**  
**Take & Bake Bread**  
Assorted Varieties  
\$5 Ea.

**Frazier Farms**  
**Coconut Cranberry Bliss Cookies**  
HOUSE-MADE  
Perfect Cookies for Santa!  
\$6 Ea. 6 Pack

**Deer Creek**  
**Assorted Flavors Cheeses**  
"Elevate your board: Deer Creek's award-winning artisan cheeses"  
\$3 OFF Per Lb.

**Cheeseland**  
**Honey Bee & Ewephoria Gouda**  
Rich buttery, and gently tangy from goat and sheep milk. Crafted in Holland for true cheese lovers.  
\$3 OFF Per Lb.



# Holiday Meat Orders!

ALL NATURAL  
GOLDEN HARVEST  
WHOLE TURKEY  
AVAILABLE SIZES  
HENS  
8-12 LBS.  
12-16 LBS.

Don't forget to place your order for your Frazier Farms  
Gourmet Cut Rib Roast.

If you would like a special cut just ask the butcher!

As with any of our meats, we only carry products that are free of added  
hormones, antibiotics, and they are also grain fed for tenderness and flavor!

## Other Important Holiday Items!

- Beef Tenderloin (Filet Mignon)
- Top Sirloin Roast
- Rump Roast
- Tri-Tip Roast
- Cross Rib Roast
- Sirloin Tip Roast
- Center Cut Pork Roast
- Crown Pork Roast
- Bone-In Pork Roast
- Roasting Chickens
- Game Hens
- Geese
- Ducks
- Capons
- Porchetta

**GRASS-FED**

**New Zealand Free Range Boneless Leg of Lamb**

Finished on Chicory and Clover Forage!

**\$9.99 Lb.**

New Zealand Grass Fed Bone-In Leg of Lamb • \$8.99 Lb.

**U.S.D.A. CHOICE BEEF**

**Fresh USDA Choice Ground Round Beef**

15%

**\$6.99 Lb.**

**All Natural Santa Maria Marinated Turkey Breast**

Great in the oven or on the Smoker!

**\$9.99 Lb.**

**FAMILY PACK**

**Fresh Boneless, Skinless Chicken Breast**

**\$2.99 Lb.**

Smart Chicken, Organic Whole Chickens • \$4.19 Lb.

**Great for Recipes!**

**Double Smoked Thick Sliced Bacon**

\$2.00 off per lb.

**\$8.99 Lb.**

**Great for Carnitas!**

**Fresh, All Natural Pork Shoulder Roast**

**\$3.49 Lb.**

Fresh, Baby Back Ribs • \$4.99 lb.

Choose from:  
Chicken Liver,  
Gold Medal Pate, or  
Pate with Truffles

**Schaller & Weber Assorted Pâtés**

**\$1 OFF**

Ea. 7 oz.

**U.S.D.A. CHOICE BEEF**

**Perfect in cast iron pan!**

**USDA Choice Bone-In Rib Eye Steak**

**\$16.99 Lb.**

**aidells**

**ALL NATURAL ITALIAN STYLE**

**aidells**

**ALL NATURAL CHICKEN & APPLE**

**Aidells Sausages**

**\$1 OFF**

Assorted Varieties Ea. 8-12 oz.

DELIVERED 6X A WEEK  
SUSTAINABLY CAUGHT | WILD CAUGHT

## Largest Fresh Seafood Counters in North & East County!

GUARANTEED CATCH OF THE DAY  
SUPPORT LOCAL FISHERMAN | DOCK TO DOOR

**Cold Water Lobster Tails**

**\$7.99 Ea.**

4-5 oz.

**Great for Ceviche!**

**Halibut Fillets**

**\$8.99 Lb.**

Fresh Alaskan Halibut \$35.99 lb.

**Wild, Extra Large White Mexican Shrimp**

16/20 Ct.

**\$9.99 Lb.**

**Wild Sashimi Ahi Steaks**

**\$8.99 Lb.**

**Fresh Whole Cooked Dungeness Crab**

**\$12.99 Lb.**

**Fresh Hiddenfjord Salmon Fillets**

**\$16.99 Lb.**

Fresh Big Glory King Salmon \$32.99 lb.

**Extra Large Domestic Dry Sea Scallops**

10/20 Ct.

**\$24.99 Lb.**

## WINE CELLAR & BEER

**HARLAND BREWING Japanese Lager**

+Tax +CRV

**\$22.99**

12 pk.

**ALESMTIH Craft Cider Assorted**

+Tax +CRV

**\$11.49**

4 pk.

**ZENATO Pinot Grigio**

+Tax +CRV

**\$11.99**

Ea. 750 ml.

**DELOACH Pinot Noir**

+Tax +CRV

**\$11.49**

Ea. 750 ml.

Order Your Groceries Online

**SUPPORT OUR TROOPS!**

**10% OFF**

**MILITARY DISCOUNT**

OFFERED EVERY WEDNESDAY  
TO ALL VETERANS, ACTIVE DUTY, MILITARY, & FAMILY MEMBERS WITH ID.  
IN STORE ONLY. EXCLUDES GIFT CARDS.



December 16th, 2024 Thru December 24th, 2025

Tue 16	Wed 17	Thu 18	Fri 19	Sat 20	Sun 21	Mon 22	Tue 23	Wed 24
--------	--------	--------	--------	--------	--------	--------	--------	--------



ATM Available • We accept EBT

FrazierFarmsMarket.com



**Vista**  
225 Vista Village Dr.  
(760) 758-7175

**Oceanside**  
1820 Oceanside Blvd.  
(760) 429-2092

**La Mesa**  
8401 Fletcher Pkwy.  
(619) 309-4024

**Store Hours: 8am - 9pm Daily**

We reserve the right to change prices & modify items.