

Clean Cause
Yerba Mate
Select Variety
+TAX +CRV
FOR \$4
15.5-16 oz.
USDA ORGANIC

FRAZIER FARMS

A BETTER WAY TO SHOP
FOR A BETTER WAY TO LIVE

Frazier Farms
Nitro Cold Brew
\$1 OFF
12-16 oz.

Organic Bosc or Red D'Anjou Pears
USDA ORGANIC
\$1 Lb.

Sweet Navel Oranges
Limit 12 lbs
4 LBS \$1

Sweet Grapefruit
\$1 Ea.

Organic Broccoli
USDA ORGANIC
2 LBS \$5

Organic Fresh Celery
USDA ORGANIC
2 FOR \$4

Organic Honeycrisp Apples
USDA ORGANIC
2 LBS \$5

Organic Large Hass Avocados
USDA ORGANIC
2 FOR \$4

Organic Fresh Celery
USDA ORGANIC
2 FOR \$4

Organic Red Leaf, Green Leaf Lettuce
USDA ORGANIC
2 FOR \$4

Granny Smith Apples
\$1 Lb.

Brown Onions
49¢ Lb.

Russet Potatoes
49¢ Lb.

Cara Cara Oranges
\$1 Lb.

FRAZIER FARMS STORE WIDE SUPER SAVINGS!

Frazier Farms
Pound Cake Loaf
Pair with fresh berries and cream!
Celebrate National Pound Cake Day 3/4!
HOUSE-MADE
\$5 Ea.

Jonny Pops
Select Variety
\$4.99
4-10 pk

Unreal
Select Variety
UNREAL
NON-GMO Project VERIFIED
2 FOR \$9
3.2-5 oz.
Unreal Chocolate 1.2-1.5 oz • 4 for \$5

True Story
Select Variety
true story.
true story.
\$6.49
3-6 oz.

Vita Prima
Skin Care
NEW!
40% OFF

FRESH, ALL NATURAL MEAT

Fresh, All Natural Boneless, Skinless Chicken Thighs
FAMILY PACK
\$3.99 Lb.

Smart Chicken Organic Boneless Chicken Breasts
USDA ORGANIC
\$9.99 Lb.

Fresh, All Natural Pork Shoulder Roast
Great For Carnitas!
\$2.99 Lb.

USDA Choice Boneless Ribeye Steak
U.S.D.A. CHOICE BEEF
\$19.99 Lb.

Fresh, All Natural Ground Chicken Breast • \$5.99 lb. Smart Chicken Organic Drumsticks • \$5.99 lb. Charcutnuvo Assorted Sausages, 8-10 oz. • \$2 Off USDA Choice Bone In Ribeye Steak • \$18.99 lb.

Largest Fresh Seafood Counters in North & East County!

Panamei
Breaded Fish Sticks
FISH STICKS
Papas de Pescado Empanizado
\$13.99
2 lb. Bag
Seafood Medley Mix, 16 oz. • \$5.99 ea.

Extra Large, Wild, Argentinian Red Shrimp
WILD CAUGHT CERTIFIED
\$12.99 Lb.
16/20 ct

Fresh, Wild Pacific Rockfish Fillets
\$7.99 Lb.

Fresh Canadian Salmon Steaks
\$10.99 Lb.
Fresh Herb and Capers Salmon Cakes • \$9.99 lb.

QUALITY DELI

Dietz and Watson
Homestyle Peppercorn Classic
Sliced Turkey
Grande Provolone • \$7.99 lb.
\$11.49 Lb.

Citrus Kale & Bean Salad
Healty & Delicious!
\$6.99 Lb.

Teriyaki Chicken Meal
Customer Favorite
\$7.99
14 oz.

Frazier Farms
Tuscan or 3 Cheese Lasagna
HEAT & EAT!
\$1 OFF Per lb.

GROCERY

Lesser Evil Organic Popcorn
Select Variety

USDA ORGANIC

2 FOR \$5
4.6-6.4 oz.

Nature's Path Envirokidz Cereal
Select Variety

USDA ORGANIC
NON-GMO Project VERIFIED

2 FOR \$7
10.6-14 oz.

Muir Glen Organic Diced Tomatoes
Select Variety

USDA ORGANIC

3 FOR \$4
14.5-15 oz.

Simply Organic Spices
Select Variety

USDA ORGANIC

30% OFF
Ea. 26-8 oz.
Suggested Retail Price

DAIRY & FROZEN

Nancy's Pouches and Yogurt

USDA ORGANIC
NON-GMO Project VERIFIED

\$3.99
4 pk-32 oz.

Bizzy Cold Brew
Select Variety

USDA ORGANIC

2 FOR \$9 +CRV
48 oz.

Alexia Potatoes
Select Variety

USDA ORGANIC
NON-GMO Project VERIFIED

25% OFF
Ea. 11-28 oz.

Red's Natural Burritos
Select Variety

2 FOR \$4
4.5-5 oz.

BAKERY & BULK

Frazier Farms Chocolate Chip Cookies

Celebrate National Chocolate Chip Cookie Week 3/1-3/7!

\$7
18 ct.

Frazier Farms Assorted Turnovers

Fresh Baked!

\$3
2 pack

Organic Medjool Dates

USDA ORGANIC

\$7.99
Lb.

Organic Black Beans

USDA ORGANIC

\$1.99
Lb.

Frazier Farms Luscious Lemon Bundt Cake

HOUSE-MADE

\$7
Ea.

Canyon Bakehouse Gluten Free Breads & Bagels
Assorted Varieties

\$6
14-18 oz.

Heritage Breads, 24 oz. • \$8 Ea.

Pineapple Rings
No/So2

\$5.99
Lb.

Organic White Quinoa

USDA ORGANIC

\$2.99
Lb.

CHEESE

Point Reyes Original Blue and Bay Blue with Fennel

\$4 OFF
Per Lb.

Cypress Grove Goat Disk
Assorted Variety

\$6.99
4 oz.

Marin French Petit Brie
Assorted Variety

\$6.99
4 oz.

BEER & WINE

RAEBURN WINERY Chardonnay
California

+TAX +CRV

\$14.99
750 ml.

FALLBROOK WINERY Assorted
California

Support Local!

+TAX +CRV

\$12.99
750 ml.

BOOCHCRAFT Hard Kombucha
Select Variety

USDA ORGANIC

+TAX +CRV

2 FOR \$8
19.2 oz.

CORONADO Beer
Assorted Variety

Support Local!

+TAX +CRV

\$1 OFF
Ea. 6 Pack

SUPPLEMENTS & HEALTHY LIVING

Ancient Nutrition Multi Proteins

30% OFF
Suggested Retail Price

Truveni All Proteins

25% OFF
Suggested Retail Price

Natural Factors Quercetin
Select Variety

25% OFF
Suggested Retail Price

Life Seasons Longevity Formulas
Select Variety

30% OFF
Suggested Retail Price

Solaray Magnesium Glycinate
350 mg

\$15.99
120 ct.

Giovanni Castor Oil Hair Care

30% OFF
Suggested Retail Price

Frazier Farms Fish Oil
1000 mg
300mg EPA
200mg DHA

\$7.99
60 ct.

Frazier Farms Collagen Peptides

\$16.99
1 lb.

March 3rd, 2026 Thru March 9th, 2026

Tue 3	Wed 4	Thu 5	Fri 6	Sat 7	Sun 8	Mon 9
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Vista 225 Vista Village Dr. (760) 758-7175
Oceanside 1820 Oceanside Blvd. (760) 429-2092
La Mesa 8401 Fletcher Pkwy. (619) 309-4024

Store Hours: 8am - 9pm Daily
We reserve the right to change prices & modify items.



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MILITARY DISCOUNT

OFFERED EVERY WEDNESDAY
TO ALL VETERANS, ACTIVE DUTY, MILITARY, & FAMILY MEMBERS WITH ID.
IN STORE ONLY. EXCLUDES GIFT CARDS.